

Tantric Sex for Men

Review by I.G., November 2018, posted on Amazon

"A Phenomenal Book! This is a book that will take you to a higher spiritual level in your intimacy. This is book that is written for those that seek a deeper appreciation of the Energetic aspects of Sexual contact and connection.

Major takeaways for me are:

1: Allow the Innate Intelligence of the Body play a greater Role in lovemaking. This is not all about controlling the body with the mind, but about listening to what the body is telling you. We are very conditioned in our society to control our body with a Dominating mind.

2: The Circle of Love. Within every man, there exists a Feminine aspect that awaken and receive only with the help of a woman's love. Man gives to Woman, who reciprocates that love and gives back to man at the heart/Breast level. A much more holistic and deeper approach to the act of Lovemaking.

Recommended reading if you are ready to open your mind and release a lot of sexual conditioning that we have all been exposed to. I read it twice before writing this review."